



# CHURCH OF THE INCARNATION

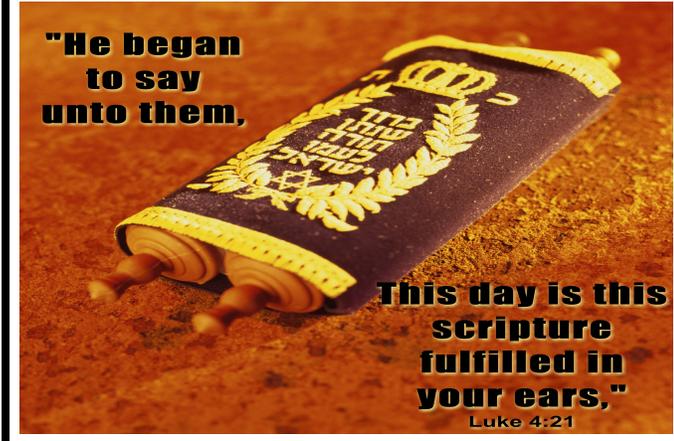
A ROMAN CATHOLIC COMMUNITY • 1465 INCARNATION DRIVE • CHARLOTTESVILLE, VIRGINIA 22901

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Fr. Gregory Kandt, Pastor ~ Fr. Edwin Montanez, Parochial Vicar

Rev. Mr. Christopher Morash, Deacon ~ Rev. Mr. Thomas Healey, Deacon ~ Rev. Mr. Bernard Taylor, Deacon

## Growing in Christ and Living Our Faith through Relationships



**"He began to say unto them, This day is this scripture fulfilled in your ears,"**  
Luke 4:21

**January 31, 2016**  
**4<sup>th</sup> Sunday in Ordinary Time**

Readings: Jeremiah 1:4-5,17-19—Corinthians 12:31-13:13—Luke 4:21-30

**OFFICE HOURS:** 8:30am–4:30pm Monday–Friday  
(Closed: 12:20–12:50pm daily)

**LITURGY SCHEDULE:**  
Monday–Friday: Mass times on page 2  
Saturday: 5:30pm  
Sunday: 9:00am, 11:30am & 4:30pm – English  
1:30pm- Español  
Nursery: 9:00am, 11:30am & 1:30pm

**SACRAMENT OF RECONCILIATION:**  
Saturday 4:30–5:00pm or by appointment  
Sunday 12:45-1:15pm (Español) or by appointment

**From the Pastor:** Pope Francis has listed his top 10 tips for bringing greater joy to one's life. Over these next weeks I am publishing "a tip a week" here in the bulletin! **Here's tip #3:**

**"Proceed calmly in life."** The Pope, who used to teach high school literature, used an image from an Argentine novel by Ricardo Güiraldes, in which the protagonist – gaucho Don Segundo Sombra – looks back on how he lived his life. "He says that in his youth he was a stream full of rocks that he carried with him; as an adult, a rushing river; and in old age, he was still moving, but slowly, like a pool" of water, the Pope said. He said he likes this latter image of a pool of water – – to have "the ability to move with kindness and humility, a calmness in life."

### ADULT FORMATION OPPORTUNITY

**Moral Issues** In this Year of Mercy, it is good to reflect upon the mercy that God revealed to us in His Son Jesus, who is the Way and the Truth. As the Incarnation of Truth, he came to show us the Way to salvation. On Sunday, February 7, between the morning Masses (starting at 10:15am), Father Gregory will offer reflections on **Morality: Issues and Problems** in the Parish Activity Center. Grab a cup of coffee and come on over! All are welcome. BYOB: Bring your own Bible!



**JOIN US FOR FOOD-FUN-FELLOWSHIP:**  
Incarnation Night at BAJA BEAN on Tuesday, February 16, 5:00-7:30pm, across from Sam's Club. A portion of the proceeds help support our Parish!



### HAITI TRIP AND BAKE SALE

The Haiti committee will have a Mardi Gras bake sale next weekend, February 6/7 to raise funds for our upcoming trip the first week of April. If you are interested in donating baked goods, please drop them off at the Parish by Saturday at 3:00pm. If you are interested in joining the trip, talk to the committee members staffing the table next weekend, or email Sheila! Also, watch the bulletin for details for an upcoming Haiti reunion and information session!



*Exposition of the Blessed Sacrament  
Thursday, 1:00 – 9:00pm*



Our next **TNT (Theater 'N' Theology)** takes place on *Friday, February 12*, beginning promptly at 7:00 pm. All are welcome to come watch a movie in our **Incarnation Movie Theater** (the "Stone Chapel") with comfortable seating and large projection. Afterwards (the "Theology" part), we discuss the movie's relevance to our life in Christ. Our February feature is the 1966

British film *A Man For All Seasons*. It's a splendid film based on Robert Bolt's play about St. Thomas More's personal conflict when King Henry VIII asks his support in a break with the Pope and formation of the Church of England. Paul Scofield's rich characterization is matched by a superb cast and a vivid atmosphere. The film won 6 Oscars: Best Actor, Director, Picture, Screenplay (Robert Bolt), Cinematography, and Costumes. Also stars Wendy Hiller, Leo McKern, Robert Shaw, Orson Welles, Susannah York, John Hurt, and Vanessa Redgrave. Facilitated by Fr. Gregory. Come watch a great movie with your brothers and sisters in Christ!



### SOUPER BOWL OF CARING

Join us for Souper Bowl Sunday! The weekend of February 6/7 Youth Ministry will be collecting money and cans of soup to benefit Incarnation's Food Ministry. Please bring standard-sized cans of hearty soups/stews or "chunky" type soups to help our efforts. Wear your favorite football themed apparel to join in the spirit of giving. People are needed before and after all Masses that weekend to assist with the collecting. Please contact Missy if you're able to help: (540) 449-2766 or [missybishop@vt.edu](mailto:missybishop@vt.edu).

The arms race is one of the greatest curses on the human race and the harm it inflicts on the poor is more than can be endured.

--Vatican II,

Pastoral Constitution on the Church in the Modern World #81

"Before you were born, I consecrated you." If you think that you may be set apart by the Lord to serve Him as a priest, deacon or in the consecrated life, call Fr. Michael G. Boehling, Vicar for Vocations, mboehling@richmonddioocese.org (804) 359-5661.

## Sunday's WORD

You are invited to be part of **Sunday's Word**, a small group that meets to discuss the day's Mass readings. We will begin a five-week session for Lent on Sunday, February 14, and continue through March 13. The focus will be on the day's scripture, reflecting on God's word to us in the holy season of Lent. Meetings are held between the two Sunday morning Masses, 10:20 to 11:20am in the Library. Feel free to come to all five weeks, or to just one or two. Everyone welcome!



### Charlottesville Catholic Worker ~ Casa Alma

[cvillecw@gmail.com](mailto:cvillecw@gmail.com)

Join us for a spiritual journey this Lent! The Charlottesville Catholic Worker, Casa Alma, will host six sessions on "Conversion in the spirit of Laudato Si". Participants will gather weekly to read and reflect on excerpts from the encyclical, and spend time in silence, prayer, and discussion. This spiritual journey is designed for those who seek to open themselves to deep conversion and move toward a more compassionate and sustainable life. Sessions will be held on Sundays from 4:00-5:30pm and Tuesdays from 7:00-8:30pm. For more information or to register (by 2/10), please contact Laura at [cvillecw@gmail.com](mailto:cvillecw@gmail.com) or 434-202-2221.

**FREE BLOOD PRESSURE SCREENING:** Health Ministry nurses will be providing free and confidential blood pressure screening next weekend after the 9:00am Mass in the Health Ministry Room directly across from the Parish Hall. *Although many people think that high blood pressure will give you headaches or dizziness, the truth is that very few people with high blood pressure ever experience these problems. The only way to know is to have your blood pressure checked regularly.*



### PLEASE CHECK THE PARISH WEBSITE OR VOICEMAIL

[www.incarnationparish.org](http://www.incarnationparish.org)  
434-973-4381

## WORSHIP

Deacon Chris Morash: [deaconchris@incarnationparish.org](mailto:deaconchris@incarnationparish.org)

### MASS INTENTIONS: January 31-February 7

Saturday	30:	5:30	Rose Chioni (Karen & Jim Lansing)
Sunday	31:	9:00	Velma Bock (Strassburg & O'Brien)
		11:30	Carol Turner (Patricia & Elliot Mininberg)
		1:30	Missa Pro Populo
		4:30	The Rives
Monday	1:	12:15	No Mass
Tuesday	2:	12:15	No Mass
Wed'day	3:	12:15	No Mass
Thursday	4:	12:15	No Mass
Friday	5:	12:15	No Mass
Saturday	6:	5:30	Rose Chioni (Mary & Bill Balsam)
Sunday	7:	9:00	Leo Roach (Larry & Maureen Eckenroth)
		11:30	Missa Pro Populo
		1:30	Elias Alexis Rivas (Mary & Bill Balsam)
		4:30	Audrey Teresa Salta (Ernetta Van Orden)

# PILGRIMAGE

## YEAR OF MERCY PILGRIMAGE TO ITALY: May 25 - June 3

Please join Deacon Chris Morash and other deacons from the diocese along with parishioners on a pilgrimage to Italy in conjunction with the Deacon Jubilee. We will journey with the deacons through the Holy Doors at St. Peter's Basilica as well as a special Papal Mass in their honor. Please contact Gerry Mancuso [gmancuso@richmonddioocese.org](mailto:gmancuso@richmonddioocese.org) at 804-622-5264 or for further information or a tour brochure.

# PRAYER

*changes things*

**THE HEALING PRAYER MINISTRY** of Church of the Incarnation invites you to times of prayer. Healing prayer is

offered for emotional, physical, or spiritual healing, or prayer for personal or relational concerns. You may feel you have a need but have difficulty putting your finger on it or expressing it in words. Please do not let that difficulty stop you from receiving prayer. The Lord is our intercessor and healer. Prayer is available for all.

The Team will be available after the following Mass:  
Sunday, February 14 ~ 11:30am



**CATHOLICS IN THE CAPITAL DAYS:** Incarnation is sending a group on February 17 to participate in the "Catholics in the Capitol" trip. Contact Sheila at the Parish Office for more info! The Virginia Catholic Conference invites Catholics to come to Richmond to advocate for life and justice during this winter's General Assembly session on Thurs., Feb. 4, or Wed., Feb. 17. (On Feb. 17 the Conference and Virginia Bishops will also host *Virginia Vespers at the Cathedral of the Sacred Heart in Richmond at 5:00pm All are invited.*) To attend Catholics in the Capital Days, call or email your senator and delegate to set up your appointments, and then register with the Conference at [office@vacatholic.org](mailto:office@vacatholic.org). We'll provide you with legislative updates, talking points and refreshments at our offices prior to your legislative visits. Learn more at [www.vacatholic.org](http://www.vacatholic.org).

**VIRGINIA VESPERS: Evening Prayer for the Commonwealth:** At the midpoint of this year's Virginia General Assembly session Virginia Bishops Francis X. DiLorenzo and Paul S. Loverde and their public policy agency, the Virginia Catholic Conference, invite government officials and the public to the first-ever **Virginia Vespers: Evening Prayer for the Commonwealth** at the beautiful, historic Cathedral of the Sacred Heart in Richmond at 5:00pm, Wed., Feb. 17. The hour-long service will draw on an ancient Christian liturgy to pray for the needs of Virginia. Join lawmakers and public officials of all faiths, clergy, educators, social service practitioners, parishioners and other people of goodwill at this vital gathering. A reception follows. Register at [www.vacatholic.org](http://www.vacatholic.org).

**FINANCIAL RESOURCES**

**For the weekend of January 24:**

Offertory (Envelopes:Checks/Currency)	\$ 1,005.00
Offertory-EFT (Electronic Funds Transfer)	\$ 3,660.50
Outreach	\$ 306.50
Haiti Ministry	\$ 136.00
Debt Reduction	\$ 258.00
Other Income	\$ 524.00
<b>Total</b>	<b>\$ 5,890.00</b>
Amount needed for budget*	<b>\$21,262.50</b>
<b>Difference</b>	<b>- \$15,372.50</b>

\*Based on FY 15-16 budget of \$1,105,650

<b>Endowment Fund</b>	<b>\$ 23,801.07</b>
<b>Maintenance Reserve Fund (Restricted)</b>	<b>\$ 8,447.80</b>
<b>Parish Savings Account</b>	<b>\$ 75,135.91</b>

**Offertory Envelopes distributed: 436 ~ Envelopes used: 0**  
**Parishioners using Electronic Funds Transfer EFT**  
**and Credit Cards: 89**

**Mass Attendance**



<u>Time</u>	<u>Attendees</u>
5:30pm	
9:00am	
11:30am	
1:30pm	
4:30pm	150
<b>Total</b>	<b>150</b>



**Charlottesville Catholic School ~ CCS**

[www.cvillecatholic.org](http://www.cvillecatholic.org)

434-964-0400

Charlottesville Catholic School would like to invite you to hear Dr. J. Matthew Ashley, Associate Professor and Department Chair at the University of Notre Dame give his Hesburgh Lecture, "A Pope on the Margins: Pope Francis's Vision for the Church" on Thursday, February 18 at 6:30pm at Charlottesville Catholic School. A RSVP is requested, but not required, to Ashley Nelson, 434-964-0400 or [a.nelson@cvillecatholic.org](mailto:a.nelson@cvillecatholic.org). Dr. Ashley's Hesburgh Lecture is free and open to the public. We hope to see you there!



**We celebrate the life of our parish!**

Please let us know if you are new to the parish, are moving from it, are celebrating a significant event or are in need of prayers.



**Annual Prayer List Update**

If you have requested that someone be placed on the prayer list, please keep us informed of the person's condition.

You may email: [office@incarnationparish.org](mailto:office@incarnationparish.org) or call 973-4381 with this information. We will remove people from the list **NEXT WEEK** unless we are requested otherwise. Thank you.

*To everything there is a season and a time*

*for every purpose under heaven . . .*

*" . . . a time to be born . . . "*

*" . . . a time to be healed . . . "*

Gene Albro, James Armstrong, Luke Balsam, Ann-Marie Balwinski, Meg Bojarski, Elaine Bunch, Rose Byrne, Baby Mitchell Carder, Carla Campbell, Francis Charlie, Rose Colasuonno, Pat Cook, Lauren Cruz, Anna May Cutitta, Harry DeLeijer, Sue DeMong, Jacob Devlin, Gloria DiLiddo, Evans DiSantis, Melani Dinh, John Dovel, Alice Dunbar, Sanders Evans, Nancy Floyd, Joe Frisina, Alan Fuszczewski, Joan & Paul Galeazzi, Alice Anne Garrett, Ben Guthrie, Carter Harris, Joan & Randy Hobbs, Jean Holienka, Eli Houston, Teresa & Erik Kabo, Gert & Effie Keith, Helen Krespach, Genevieve Krynitsky, Jay LaMonica, Tyler Lafferty, Alan Leidecker, John Llewellyn Jr. & Sr., Paul Lochli, Colleen Loman, Bradly Luschbauger Family, Bob Marinchick, Helen Miska, Vito Maltese, Amy Martin, Ivy Maupin & Family, Susan McKeowin, Levi Miller, Ellen Mohr, Ron Mohr, John Neff, Henry Oswald Sr., John Packett, Ethan Palladino, Robert Pomeroy, Katie Prendergast, Ruth Ann Redmond, John Reynolds, Chris & Jadea Riener, James Robins, Robert Ross, Rev. Thomas Sarnecki, Jennifer, David & Amelia Scheer, Roger Scott, Perry Sennewald, Tom & Lynn Shepherd, Naomi Sissons, Fran Slayton, Betty Smoyleak, Maureen Spokes, Sandy Stevens, Jennifer Terrasi, Grace Tonkin, Pat Velikov, Glenda Voelmeck, Heather Wetzal, Betty White, Peter Zappulla, Marianne Zeigler

*" . . . a time to love . . . "*

*" . . . a time to die . . . "*

*" . . . and a time of peace . . . "*

William Hines, Ron Nolte, Joshua Ostrowski, Chris Rowland, David Waidelich



**Charlottesville Catholic School**  
**Catholic Schools' Week Mass**

**Join us on Thursday, February 4 at 8:15am in the school's Multipurpose Building**  
**reception and tours will be offered following Mass**  
**Serving Pre-Kindergarten – 8<sup>th</sup> Grade**  
**contact information: 434-964-0400,**  
**[admissions@cvillecatholic.org](mailto:admissions@cvillecatholic.org)**

## JUSTICE AND CHARITY MINISTRY

Sheila Herlihy: sheilah@incarnationparish.org



**COFFEE AND CONVERSATIONS:** Our next Coffee and Conversations will be Sunday, February 28 at 2:45pm. This is an opportunity for our whole parish to come together, no matter what your language background. We will have tables set up in the Parish Hall from 2:45pm to 4:15pm, and interpreters will be provided to facilitate conversation between native English speakers and native Spanish speakers. Please come and meet your brothers and sisters in Christ from “across the language barrier” Contact Sheila for more information, or if you are interested in helping with logistics (from food to interpretation).

**FOOD MINISTRY:** We can learn to be generous through our food ministry. If you want to help out with the tasks of the ministry, please contact Sheila in the Parish Office. If you'd rather donate material goods, we accept all food items in the basket in the Narthex, (along with paper bags and egg cartons). We also have paper bags in the Narthex with lists of helpful items to donate. The item of the week can be an extremely helpful, and saves you the trouble of buying something that our guests may not appreciate). This week's item is **13 oz cans of chicken.**

**AIM: HELP NEEDED:** The Alliance for Interfaith Ministries (AIM) is looking for people to assist in their operations. They're always willing to work with people to find tasks and responsibilities that fulfill them. However, they're currently in great need of people to be phone screeners and to help with administrative tasks. Please contact Marci Kramer, AIM Director at [director@aimcville.org](mailto:director@aimcville.org) or (434) 972-1704 for more information.

**GREEN TEAM'S EnvironMINUTE:** Pope Francis reminds us, “Let us be protectors of creation, protectors of God's plan inscribed in nature, protectors of one another and of the environment.”

**SHINE 2016: SOCIAL MINISTRY SUMMIT:** With the words from the Gospel “Let your light shine before others...” (Matt 5:16), we invite all who are engaged in social ministry to enter more deeply into the heart of Christ's message, where the poor have a special place. The event will be from 9:00am to 3:00pm on March 12 at St Michael Catholic Church, Glenn Allen, VA. Dr. E.C. Brugger will be our keynote speaker. There will be breakout sessions on many topics of interest. Early bird registration is \$25. Please contact Sheila for more details, or check out [www.regonline.com/shine2016](http://www.regonline.com/shine2016). We hope to carpool from Incarnation.

**GO BEYOND: GLOBAL PARTNERSHIP SUMMIT:** On June 4, the Diocesan Office of Social Ministries is hosting a summit so that we can improve international outreach. That includes our own Incarnation Haiti Ministry! The all-day event will be at the Lewis Ginter Botanical Gardens in Richmond, and the keynote speaker is Robert Lupton, author of *Toxic Charity*. First registrants get a free copy of the book! Please register online at [www.regonline.com/gobeyond](http://www.regonline.com/gobeyond), or talk to Sheila for more details.

**HABITAT FOR HUMANITY:** One of the corporal works of mercy is to shelter the homeless. During this year of mercy, we can do this by building safe houses and supporting the work of Habitat for Humanity. Our next construction-based build day will be March 20. No construction experience is necessary, and this is a great way to spend a Saturday living our faith and doing tangible work in the community. We also need people to photograph the event, and provide lunch. Check out the sign up sheet in the Narthex and put yourself on the list to help build safe and decent homes for families in need.



**KNIGHTS OF COLUMBUS Council 3670:** As cold winter temperatures continue, the Knights continue to collect donations for **Coats for Kids** to purchase jackets for children in need in our area. The boys/girls jackets are \$20 a piece (including shipping) for brand new, high quality coats. Donations can be given to any Knight or mailed to Knights of Columbus Council 3670, P.O. Box 7251, C'ville, VA 22906. Make checks out to “K of C Council 3670” with Coats for Kids in the memo line. Thanks to all who have already donated.

## EVENTS & OPPORTUNITIES

**2016 CURSILLO WEEKENDS HAVE BEEN SCHEDULED:** Mark your calendars now! The Women's Cursillo Weekend will be held April 21-24th at Camp Overlook near Harrisonburg. The Men's Cursillo will be held in the fall on October 20-23rd, also at Camp Overlook. Catholic women and men interested in deepening your spiritual life and learning ways of incorporating your faith into all aspects of your life--this is the opportunity for you! Go to [valleycursillo@valleycursillo.com](mailto:valleycursillo@valleycursillo.com) for more information and applications. We will begin accepting applications for the women's weekend in March.

**PREGNANCY CENTERS:** Perhaps God has been placing the ministry of the Pregnancy Center on your heart. Do you have 3-4 extra hours per week you can commit to? If so, we invite you to join our counselor training class. Your training as a peer counselor will give you the foundation you need to counsel those in crisis and non-crisis pregnancies. It is as simple as learning how to listen, being there to love, and allowing God to lead you through each session. Training is 6 sessions, 9:00am-1:00pm on Feb. 8-11-15-18-22-25. Cost is \$25 for the manual. To register contact Pat at 817-4554 email: [pat@virginiapregnancy.org](mailto:pat@virginiapregnancy.org) or Jillian at 979-4516 email: [jillian@virginiapregnancy.org](mailto:jillian@virginiapregnancy.org).

**DIOCESAN JOBS:** visit [www.richmonddiocese.org/human](http://www.richmonddiocese.org/human). Click on “subscribe for job updates” to receive new notices.

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**Gary Albert CPCU CLU ChFC, Agent (Parishioner)**  
1380 Rio Road E – Charlottesville, VA 22901  
Corner of Hillsdale Dr. & Rio Road East (1/4 mile from COTI)  
BUS: 434-296-1222 [insurance@garyalbert.com](mailto:insurance@garyalbert.com)

*"Voted Charlottesville Family Favorite Insurance Agency 5 years in a row!"*

